










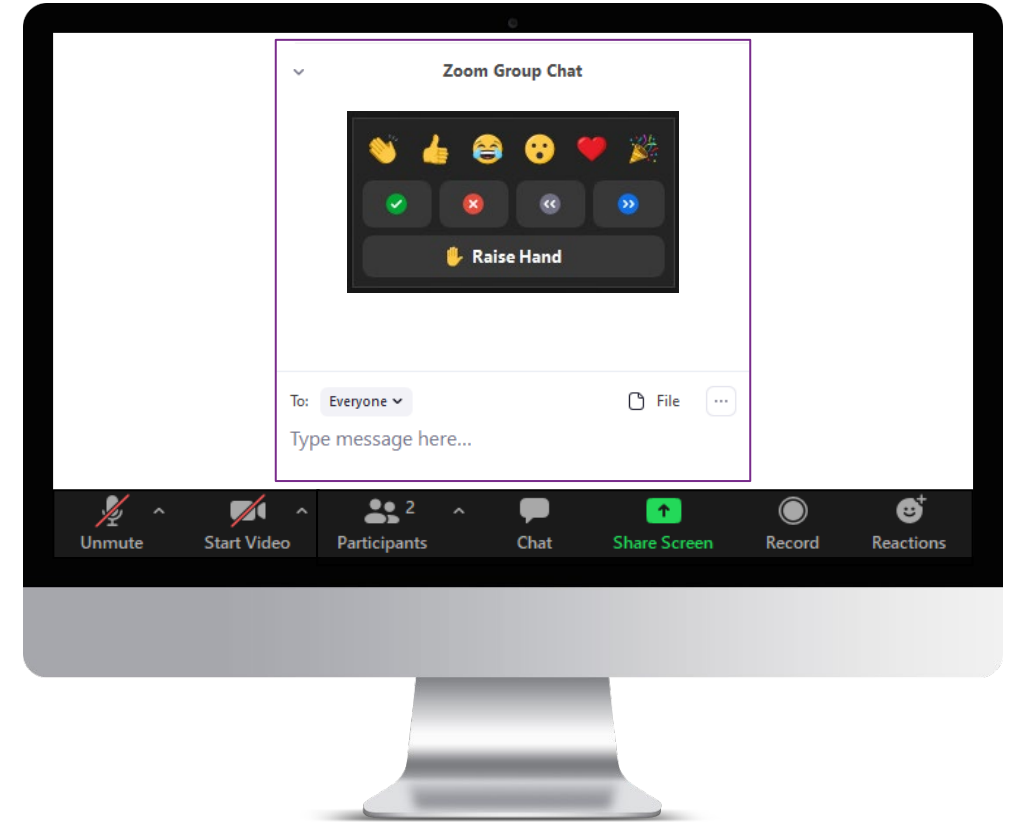
Crisis Care Mobile Units (CCMU)

Learning Collaborative

January 26, 2023

Housekeeping

-  **This event is being recorded:** Audio is now broadcasting 01
-  **Join by phone:** Click Join Audio, Phone Call tab, dial the desired phone number, and enter Meeting ID & Participant ID. 02
-  **Cameras:** Please keep your cameras on unless you have low bandwidth. 03
-  **Live Captioning is Available:** Click the CC Live Transcription button to show and hide captions during today's event. 04
-  **Name:** Please change your name to your actual name.
Chat: Click the Chat icon to open the Chat panel. 05
-  **Reactions:** Located on bottom toolbar.
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Webinar Policies

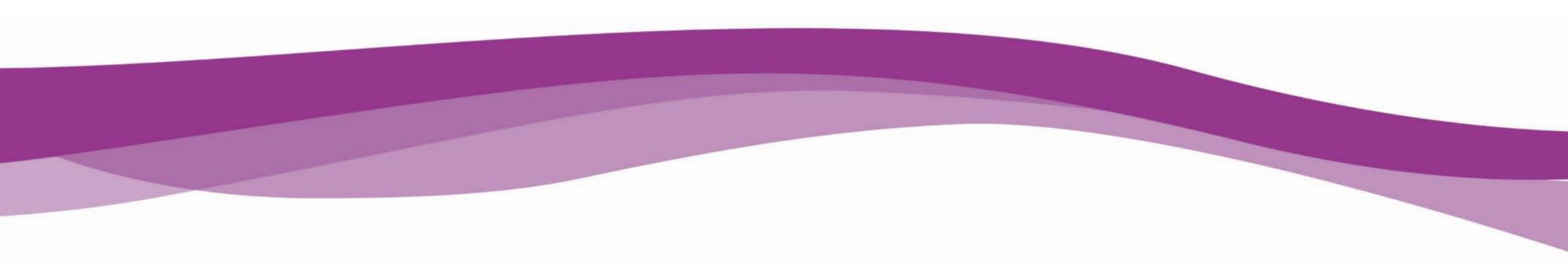
Participation

We welcome your participation through the methods outlined in the housekeeping introduction. Please note that disruptive behavior is not aligned with the purpose of this session and will not be tolerated. Any individuals disrupting the meeting may be removed without warning. In the event of a security incident, this session will end immediately and will not resume. If this occurs, a separate email will be sent to all participants with further instructions.

Chat

Participant comments in the chat box do not reflect the views or policies of the presenters, the California Department of Health Care Services (DHCS), or their affiliates or contractors. By using this chat box, you agree to keep your comments relevant to the topic of today's event. While a variety of diverse perspectives and opinions is welcome, disruptive comments are not aligned with the purpose of this meeting, and users creating disruption may be removed without warning.

Welcome



Monica Reeves

CCMU Project Director | Advocates for Human Potential, LLC



CRISIS CARE MOBILE UNITS PROGRAM

Examining Crisis Response Through the Stress Model of Crisis

A decorative graphic consisting of several overlapping, wavy, horizontal bands in various shades of purple, ranging from a deep magenta to a lighter lavender, positioned below the main title and above the presenter information.

Christina Cagle, M.S.W.
Director, Family and Youth Partnership
Stanford Sierra Youth and Families

Intentions

- *Review* Core Components of Child, Youth, and Family Crisis Response
- *Review* Stress Model of Crisis
- The lens of Stress Model of Crisis and Utilizing the Core Components
- Crisis as opportunity

REVIEW

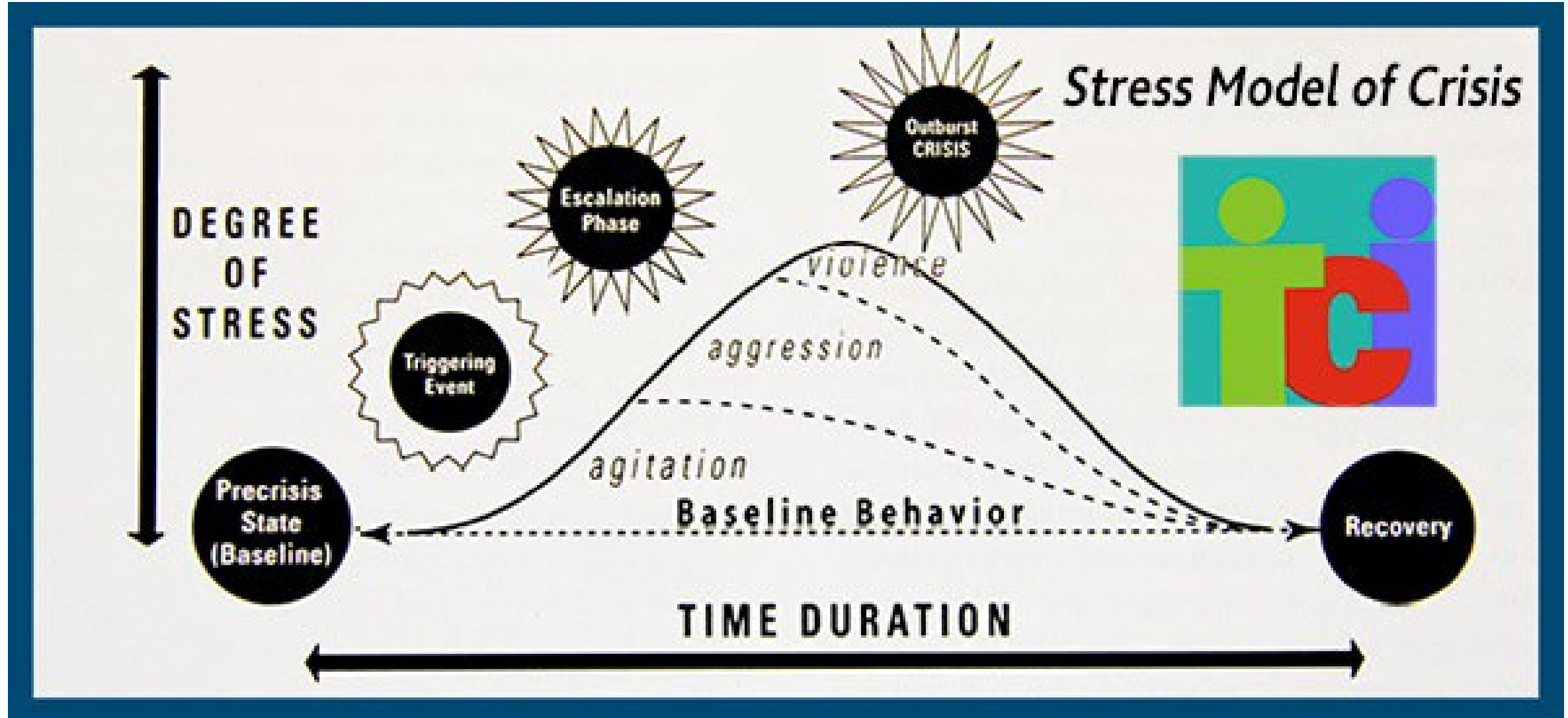


National Guidelines for Child and Youth Behavioral Health Crisis Care

Core Components of Child, Youth, and Family Crisis Response

- Someone to Talk To: Crisis Call Centers
- Someone to Respond: Mobile Response Teams
- Safe Place to Be: Crisis Receiving and Stabilization Services

Stress Model of Crisis

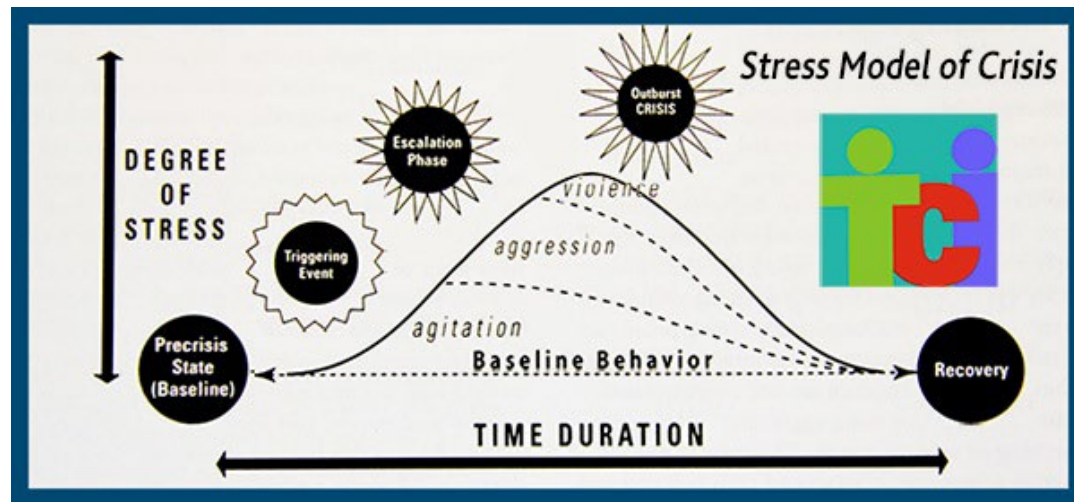


Taking a Closer Look



Taking a closer look...

Stress Model of Crisis



Core Components

- Someone to talk to: Crisis Call Centers –Trigger Event & Escalation Phase
- Someone to Respond: Escalation Phase & Outburst
- Safe Place to Be: Outburst (crisis) & Recovery

Taking a closer look...

- It is in the Recovery Phase that healing, recovering, and relapse planning can occur.
- It is also in the Recovery Phase that the most hurt and damage can be inflicted

Other System Connection – in Recovery Phase

Community Connections

- Non-profits
- Religious affiliations
- Wellness Center

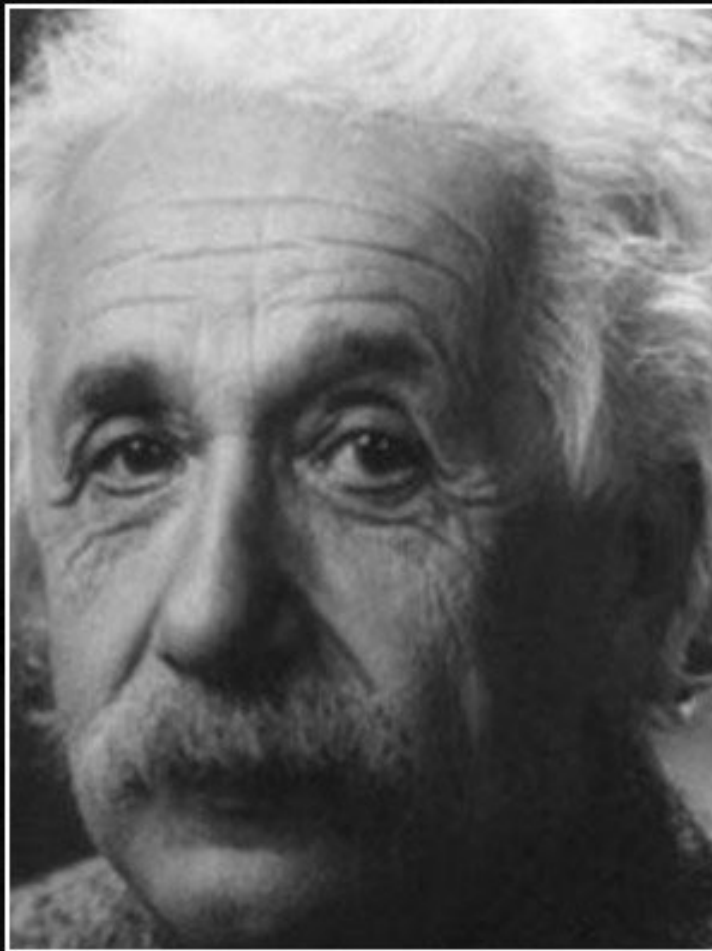
Formal Connections

- Hospitals
- Mental health services
- Rehabilitation facilities
- Child Welfare
- Adult services

- *Who else needs to be on the list?*
- *Will the connection change when considering Cultural Competence?*

Crisis is Opportunity

Crisis is Opportunity



In the midst of every crisis, lies great opportunity.

— *Albert Einstein* —

Crisis is Opportunity

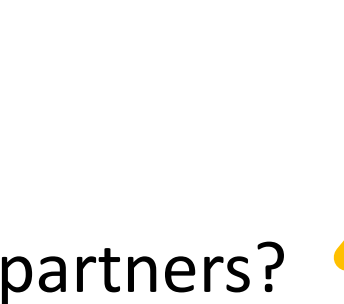


- Take a moment to reflect on a time in which you experienced a crisis
 - What was scary?
 - Who was there?
 - What did you learn about yourself?
 - What was impactful?

Citations

- *A. Albert Einstein Quote.*
<https://www.azquotes.com/quote/894807Albert> (Retrieved January 8, 2023)
- KNILT. *Therapeutic Crisis Intervention Strategies.*
[https://knilt.arcc.albany.edu/Therapeutic Crisis Intervention Strategies](https://knilt.arcc.albany.edu/Therapeutic_Crisis_Intervention_Strategies) (Retrieved January 8, 2023)
- Substance Abuse and Mental Health Services Administration, Center for Mental Health Services. (2022, November). *National Guidelines for Child and Youth Behavioral Health Crisis Care.* Rockville, MD.

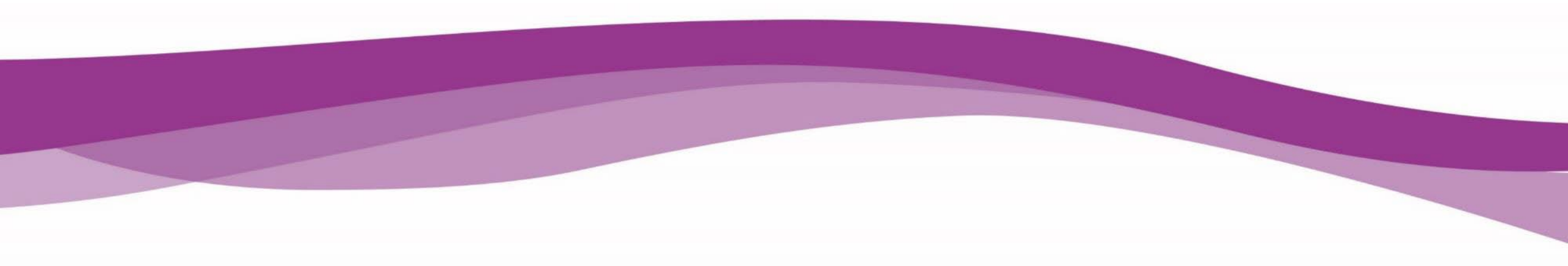
Breakout Discussion Questions

- What specific children's services and partners should be involved in systems coordination when responding to children and youth related crises?
 - Are these services or partners available and engaged in your community?
 - If yes, how have you engaged these partners?
 - If no, how can you engage these partners?
- 

Time
FOR
a
break

System Mapping

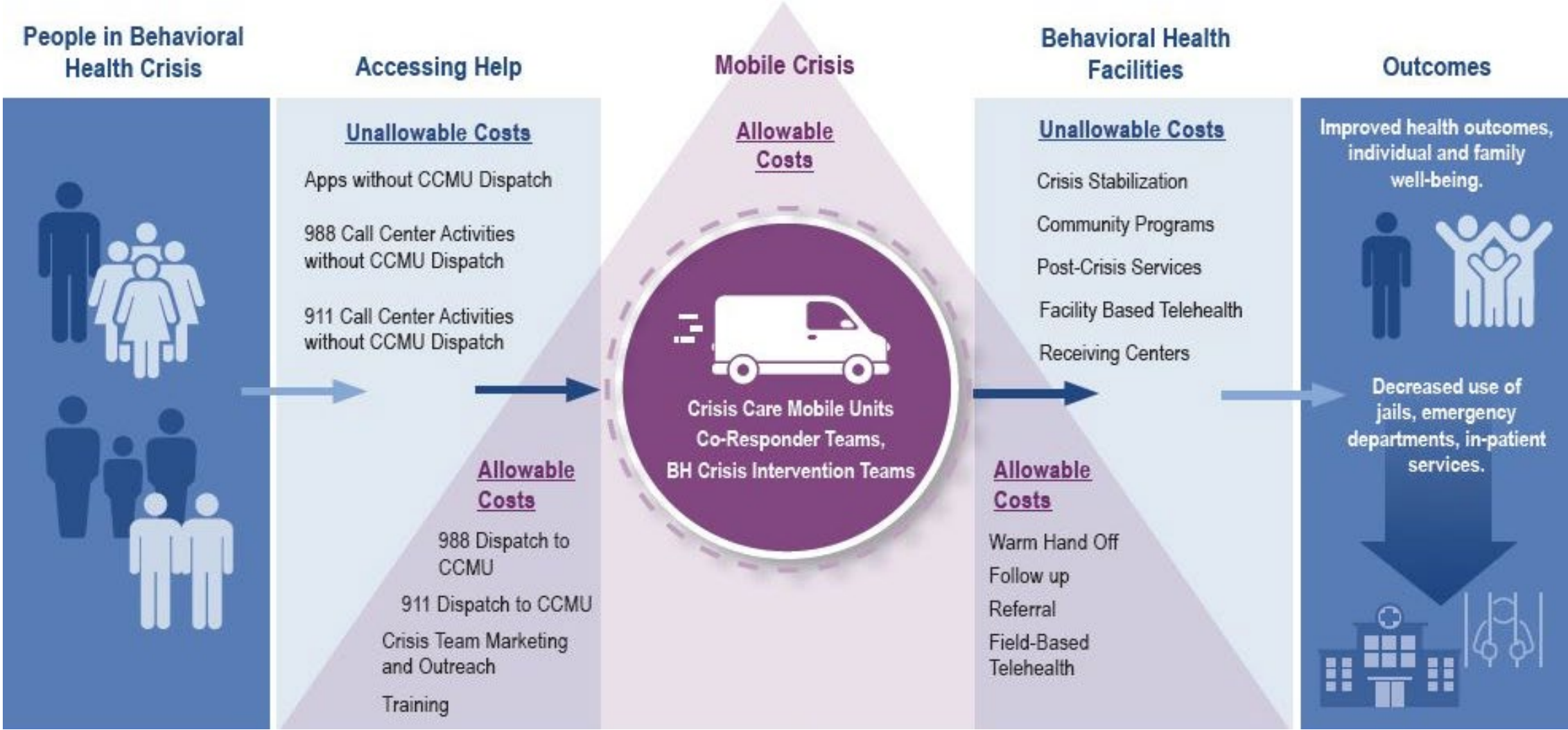
Envisioning Your Local Crisis System



Monica Reeves

CCMU Project Director | Advocates for Human Potential, LLC.

BHCIP Crisis Care Mobile Units Program



What services are you offering?

Team Model

Addressing
SUD, SED, SMI

Language/Cultural
Relevancy

Engagement

Screening/
Assessment

De-Escalation

Crisis and
Safety Planning

Referrals and
Warm Handoffs

Transportation
(to where)

Supports for
Family/Friends

Mobile Services in
Community
without Dispatch

5150/5185 Process

Follow-up

CCMU Program Concept Mapping

People in Behavioral Health Crisis

Accessing Help

Mobile Crisis

Behavioral Health & Other Services

Outcomes

Text

Text

Text

Text



Small Group Presentation



Turn on your cameras

Present you system map to the team

Highlight unique features to your community

Breakout Session #2

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Questions
Comments
Discussion

Closing Remarks and Next Steps

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Monica Reeves

CCMU Project Director | Advocates for Human Potential, LLC

Appreciation!

thank you

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